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	Lunch	Теа	Snacks
Monday	Spaghetti Bolognese.	Scrambled eggs	Fruit and yogurts.
			Veg sticks and bread
	Rice Pudding		sticks.
Tuesday	Sausage and mash.	Pitta bread Pizzas	Fruit
			Cheese and crackers
	Yoghurts and fruit		
Wednesday	Vegetable Curry	Crumpets, veg sticks and ham	Toast and fruit, Bread sticks and veg
Thursday	Fish fingers and chips.	Fried rice	sticks Fruit, veg, raisins, rice
mursuay	rish hingers and emps.	Theutice	cakes, crakcers.
	Fruit and yogurts		
Friday	Filo topped Chicken	Cheese on toast	Fruit, biscuits,
	pie and veg		Cheese, veg sticks and
			pittas
	Jelly		

Week 2	
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	Lunch	Теа	Snacks
Monday	Chilli con carne with	Selection of	Fruit, yogurts
	rice.	sandwiches	Biscuits and veg sticks
	Sponge cake.		
Tuesday	Corned beef and	Dippy eggs	Toast, fruit
	potato pie with veg		Cheese and crackers
	Fruity flapjack		
Wednesday	Tuna pasta Bake	Ham wraps, crisps and	Fruit, cereal,
		fruit	Veg and bread sticks
	Fruit crumble and custard		
Thursday	Chicken and veg	Eggy broccoli quiches.	Fruit, veg and
	noodles		crackers.
	Banana custard		
Friday	Home made pizzas.	Pasta	veg, fruit, yogurts,
			breadsticks, cheese
	Rice pudding		

	Lunch	Теа	Snacks
Monday	Chicken and leeks with rice Homemade biscuit	Scrambled eggs	Fruit and yogurts. Veg sticks and bread sticks.
Tuesday	Coconut dhal with nann bread Fruit and yogurts	Selection of sandwiches	Fruit, toast and crackers.
Wednesday	Mince and potato with vegetables Jelly	Pasta	Fruit, Bread sticks and veg sticks
Thursday	Mexican Baked eggs. Apple upside down cake	Beans on toast	Fruit, cereal Flapjack or cookies
Friday	Home made sausage rolls, wedges and veg Fruit muffins	Picky tea	Fruit, biscuits, Cheese, veg sticks and pittas

Week 4

	Lunch	Теа	Snacks
Monday	Chicken goujons,	Dippy eggs	Fruit and yogurts.
	wedges and beans		Veg sticks and bread
			sticks.
	yoghurts		
Tuesday	Autumn Broth and	Picky tea	Toast and Fruit
	home made bread		Cheese and crackers
	Fruit and jelly		
Wednesday	Chicken casserole with	Beans on toast	fruit and veg sticks.
	dumplings and veg.		biscuits
	Fruit		
Thursday	Potato and veg curry	Pittas, ham and veg	Fruit, yogurts,
	with flatbreads.	sticks	scones
	Rice pudding		
Friday	Sausage pasta	Sandwiches	Fruit, Cheese, veg
			sticks and crackers
	Flapjack		